



ESSENTIAL CONNECTIONS

SMALL GROUPS

Feeling disconnected and alone? EC Groups might be for you.

Spiritual growth doesn't happen well in isolation. The formation we long for needs compassionate, courageous, and curious community. Wherever we are in the world we need a community that joins our journey spurring Christ formation in us all. We need community that will catalyze change by challenging the assumptions we hold about who God is and what he's up to. In these days when disconnection and isolation figure so predominately in the burnout and lack of vitality in global workers, spiritual community can not only catalyze change but ignite hope - deep hope that revitalizes global workers.

What are EC Groups?

EC stands for Essential Connections, Ministry Essentials' digital platform that hosts our small groups where we unfold conversations and build the kind of communities that result in spiritual formation and personal growth.

Who are EC Groups for?

Any global worker, but particularly those who cannot easily have community where they are. We are planning for three kinds of groups: Focused Topic Groups, Community Groups, and Courses on a particular subject such as books of the Bible, Sabbath, Burnout, etc.

What are the Group particulars?

Groups are **8-10 people** and last **6-8 weeks**, having the option to continue meeting if the leader/group want to.

Demographic: mixed. Some groups will have men/women. Some groups just men, some groups just women.

Meeting Times: TBD by leader and group.

Cost: \$50 for 8 week groups, \$37 for 6 week groups.

If the group chooses to continue past 8 weeks, the cost is \$25 per month.

How do I apply?

To request an application, visit our website at:

www.meintl.org/ecgroups

Once approved, you will be sent a link to the payment page. After payment, your group leader will write to meet you and send you the EC Group link.



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